

# m&e GLUTEN SENSITIVE menu

\* Most items listed are variations from our core menu, therefore, it is important to specify to your server that you are ordering from the gluten-sensitive menu. \*

## FRESHLY-MADE SALADS

### SANTA FE CHICKEN

*Does not include tortilla strips & garlic breadstick.*  
Flame-grilled fiesta chicken, shredded Monterey Jack & cheddar cheeses & tomatoes over crisp greens.  
Served with ranch dressing. 12.69

### MEDITERRANEAN SALMON

*Does not include a garlic breadstick.*  
Fresh greens tossed in house lemon-basil vinaigrette & topped with herb-grilled salmon, feta cheese, crunchy almonds, tomatoes, cucumbers & red onions. 17.69

### GRILLED CHICKEN CAESAR

*Does not include croutons or garlic breadstick.*  
Fresh romaine & Parmesan tossed in creamy Caesar dressing & topped with grilled chicken. 12.29

### 3RD STREET

*Does not include a garlic breadstick.*  
This signature salad is tossed in Erma's sweet & tangy dressing & topped with juicy grilled chicken, seasoned almonds, crisp smoked bacon, bleu cheese crumbles, tomatoes & red onions. 13.49

### SIDE CAESAR

*Does not include croutons or garlic breadstick.*  
Romaine & Parmesan tossed in creamy Caesar dressing. 4.99

### VILLAGE

*Does not include a garlic breadstick.*  
A smaller version of our signature 3rd Street salad without the chicken. 4.99

### HOUSE GARDEN

*Does not include croutons or garlic breadstick.*  
Mixed greens, tomatoes, cucumbers & red onions with your choice of gluten-sensitive dressing. 4.99

#### Gluten Free Dressings:

3rd Street • Bleu Cheese • Caesar • Ranch • Lemon-Basil Vinaigrette • Balsamic Vinaigrette • 1000 Island

## HAND-CRUSHED burgers

Served on a gluten-free burger bun. Choose a gluten-sensitive side instead of fries.  
Substitute a grilled chicken breast or turkey burger at no extra cost.

### IRISH BOSS\*

Sliced corned beef, sauerkraut, melted Swiss cheese & 1000 Island dressing. 14.59

### BODACIOUS BACON\*

Roasted garlic cheese spread, savory smoked bacon marmalade & even more smoked bacon with lettuce. 13.99

### TURKEY AVOCADO SWISS

Grilled turkey burger, topped with Swiss, avocado, sautéed mushrooms, lettuce, tomato, onion & ranch. 11.99

### SAUTÉED MUSHROOMS & SWISS\*

Fresh, sautéed mushrooms with Swiss, lettuce, tomato & onion. 13.29

### GARBAGE\*

Crisp smoked bacon, cheddar, Swiss, American, mozzarella, sautéed mushrooms & onions, fresh guacamole & marinara. Served with lettuce, tomato & onion. 15.79

### BYBC\*

Build Your Best Cheeseburger! Served with lettuce, tomato, onion & your choice of cheese. 10.59

#### Choose your cheese:

American • Swiss • cheddar  
pepper jack • mozzarella

#### Add toppings - 1.00 each

crisp smoked bacon • guacamole  
sautéed mushrooms • sautéed onions  
sautéed peppers • sliced jalapeños  
marinara • bacon marmalade

\*This item may be cooked to order & may contain raw or undercooked ingredients. Consuming raw or undercooked meats, seafood or eggs may increase your risk of food-borne illness.



# CHOICE PLATES

DARN GOOD HOME COOKING FROM ERMA'S KITCHEN

## LAREDO STEAK\*

*Does not include croutons or garlic breadstick.*

USDA Choice sirloin topped with Erma's cactus butter. Served with a baked potato, freshly steamed broccoli & a house garden salad. 20.99

## HERB-GRILLED SALMON

Flame-broiled salmon finished with lemon-herb glaze & topped with oven-roasted tomatoes, fresh basil & house-made balsamic drizzle.

Served with your choice of two gluten-sensitive sides. 16.79

## SMOTHERED CHICKEN

Two juicy grilled chicken breasts topped with sautéed onions, mushrooms & green peppers, coated in melted cheddar & mozzarella cheese. Served with your choice of two gluten-sensitive sides. 15.99

## \*side dishes\*

\$2.59 each or swap your side for no extra cost

STEAMED BROCCOLI

APPLESAUCE

SCRATCH RED-SKINNED  
MASHED POTATOES

CREAMY COLESLAW

FRESH FRUIT SALAD

OVEN-BAKED POTATO

Max & Erma's has taken precautions to provide accurate allergen information. These menu items, along with noted alterations, do not have any ingredients that contain gluten. However, because our restaurant and vendor facilities are not entirely gluten free, the hand-crafted nature of our menu items, and our reliance on our suppliers' information, we can make no guarantees of its accuracy and disclaim liability for the use of this information.

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## SWEETS

AND

## TREATS

VANILLA ICE CREAM  
1.99



hold the  
gluten