

MAX & ERMA'S - NUTRITIONAL INFORMATION - 2025

The nutritional information below is derived from information provided by our suppliers, analysis using industry standard software and published resources, including those from the U.S.D.A. All nutritional information given is based on standard recipes and serving sizes and does not account for customized orders. We have made every effort to ensure that the nutritional and allergen information provided below is accurate. However, because of the handcrafted nature of our menu items, the variety of procedures and product assembly used in our kitchens, shared cooking and preparation areas including common fryer oil, reliance on our suppliers, and regional and seasonal differences in ingredients, we are unable to make any guarantees to its accuracy, and disclaim liability for its use. The material below is provided for informational purposes only and is not meant as a substitute for advice provided by a healthcare professional.

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption. A 2,000 calorie daily diet is used as the basis for general nutrition advice. However, individual caloric needs may vary.

| SHAREABLES | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
|---|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Chicken Fajita Quesadillas | 1250 | 700 | 78 | 35 | 0 | 200 | 1760 | 80 | 10 | 13 | 62 |
| Garlic Parmesan Cheese Skewers | 1550 | 790 | 90 | 16 | 0 | 205 | 3490 | 107 | 4 | 12 | 60 |
| Knock-Out Nachos | 1570 | 900 | 100 | 54 | 0 | 255 | 3030 | 116 | 17 | 8 | 80 |
| Loaded Tots | 1230 | 810 | 90 | 30 | 0 | 110 | 3240 | 71 | 9 | 5 | 33 |
| Max & Mingle Trio | 2060 | 790 | 88 | 18 | 0 | 250 | 4780 | 198 | 6 | 13 | 97 |
| Onion Rings | 1120 | 530 | 59 | 24 | 0 | 50 | 2950 | 139 | 1 | 18 | 13 |
| Pickle Fries | 570 | 305 | 35 | 5.3 | 0 | 20 | 2550 | 52 | 5 | 9 | 9 |
| Potato Skins | 1970 | 850 | 95 | 37 | 0 | 155 | 1400 | 231 | 0 | 1 | 36 |
| Soft Pretzel Sticks | 1390 | 250 | 27 | 9 | 0 | 45 | 5640 | 248 | 7 | 1 | 37 |
| Southwest Rolls | 750 | 470 | 52 | 11 | 0 | 60 | 1300 | 10 | 5 | 4 | 20 |
| Wings - Cherry Cola BBQ (w/ blue cheese dressing) | 1990 | 1080 | 120 | 31 | 0 | 395 | 3920 | 95 | 2 | 39 | 120 |
| Wings - Spicy Buffalo (w/ blue cheese dressing) | 1890 | 1170 | 129 | 33 | 0 | 395 | 3290 | 52 | 3 | 5 | 120 |
| Wings - Sweet Chili (w/ blue cheese dressing) | 1830 | 1080 | 120 | 31 | 0 | 395 | 2060 | 53 | 2 | 7 | 120 |
| SOUPS | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Broccoli Cheese - Bowl (w/ crackers) | 480 | 280 | 31 | 21 | 0 | 65 | 1360 | 32 | 1 | 4 | 19 |
| Broccoli Cheese - Cup (w/ crackers) | 260 | 140 | 16 | 10 | 0 | 30 | 770 | 21 | 0 | 2 | 9 |
| Chicken Noodle - Bowl (w/ crackers) | 190 | 90 | 10 | 2 | 0 | 25 | 1720 | 18 | 1 | 2 | 8 |

| | | | | | | | | | | | |
|--------------------------------------|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Chicken Noodle - Cup (w/ crackers) | 120 | 50 | 5 | 1 | 0 | 15 | 950 | 14 | 1 | 1 | 4 |
| Clam Chowder - Bowl (w/ crackers) | 340 | 150 | 17 | 11 | 0 | 40 | 1080 | 37 | 1 | 4 | 12 |
| Clam Chowder - Cup (w/ crackers) | 200 | 80 | 9 | 5 | 0 | 20 | 630 | 23 | 0 | 2 | 6 |
| Corn Chowder - Bowl (w/ crackers) | 290 | 90 | 10 | 7 | 0 | 20 | 960 | 41 | 1 | 5 | 11 |
| Corn Chowder - Cup (w/ crackers) | 170 | 50 | 6 | 4 | 0 | 10 | 570 | 26 | 1 | 2 | 5 |
| French Onion - Bowl | 290 | 140 | 15 | 8 | 0 | 45 | 2890 | 21 | 1 | 7 | 14 |
| Loaded Potato - Bowl (w/ crackers) | 600 | 280 | 31 | 20 | 0 | 50 | 1790 | 63 | 2 | 5 | 17 |
| Loaded Potato - Cup (w/ crackers) | 320 | 150 | 16 | 10 | 0 | 25 | 980 | 36 | 1 | 3 | 8 |
| Tomato Basil - Bowl (w/ crackers) | 110 | 30 | 3 | 2 | 0 | 0 | 550 | 18 | 1 | 5 | 1 |
| Tomato Basil - Cup (w/ crackers) | 80 | 20 | 2 | 1 | 0 | 0 | 360 | 14 | 0 | 2 | 1 |
| Tortilla - Bowl | 330 | 130 | 15 | 8 | 0 | 50 | 1880 | 28 | 0 | 36 | 18 |
| Tortilla - Cup | 190 | 90 | 10 | 4.5 | 0 | 25 | 940 | 14 | 0 | 18 | 9 |
| SALADS (w/o breadstick) | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| 3rd Street (w/ dressing) | 1160 | 910 | 100 | 27 | 0 | 150 | 2710 | 41 | 8 | 20 | 43 |
| Avocado Cobb (w/ dressing) | 980 | 650 | 72 | 17 | 0 | 355 | 1730 | 49 | 17 | 13 | 44 |
| Caesar Side (w/ dressing) | 310 | 230 | 25 | 5 | 0 | 15 | 620 | 17 | 3 | 3 | 6 |
| Grilled Chicken Caesar (w/ dressing) | 810 | 230 | 59 | 12 | 0 | 100 | 1860 | 43 | 9 | 7 | 32 |
| House Garden (no dressing) | 100 | 35 | 4 | 1 | 0 | 0 | 190 | 15 | 3 | 4 | 3 |
| Mediterranean Salmon (w/ dressing) | 610 | 382 | 42 | 9 | 0 | 120 | 820 | 16 | 5 | 8 | 44 |
| Pittsburgh Salad (w/ dressing) | 1130 | 670 | 75 | 26 | 0 | 344 | 1461 | 57 | 7 | 10 | 54 |
| Santa Fe Chicken (w/ dressing) | 1090 | 740 | 83 | 23 | 0 | 155 | 1820 | 46 | 6 | 9 | 44 |
| Southern Fried Chicken (w/ dressing) | 1420 | 680 | 76 | 21 | 0 | 435 | 2580 | 100 | 5 | 21 | 80 |
| Village (w/ dressing) | 410 | 350 | 39 | 11 | 0 | 40 | 940 | 13 | 3 | 9 | 11 |
| Garlic Breadstick | 160 | 50 | 6 | 1.5 | 0 | 0 | 290 | 23 | 1 | 1 | 4 |
| DRESSINGS | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| 3rd Street Dressing (2 fl oz) | 200 | 220 | 24 | 3.5 | 0 | 0 | 720 | 13 | 0 | 13 | 0 |
| Balsamic Vinaigrette (2 fl oz) | 190 | 190 | 21 | 3 | 0 | 0 | 80 | 3 | 0 | 2 | 0 |
| Bleu Cheese Dressing (2 fl oz) | 190 | 170 | 19 | 4 | 0 | 30 | 650 | 6 | 0 | 2 | 1 |
| Caesar Dressing (2 fl oz) | 270 | 250 | 27 | 5 | 0 | 20 | 610 | 6 | 0 | 2 | 2 |

| | | | | | | | | | | | |
|---|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Hot Bacon Dressing (2 fl oz) | 300 | 250 | 28 | 0 | 0 | 0 | 610 | 10 | 0 | 8 | 0 |
| Lemon-Basil Vinaigrette (2 fl oz) | 140 | 130 | 14 | 2 | 0 | 0 | 340 | 4 | 0 | 3 | 0 |
| Ranch (2 fl oz) | 250 | 230 | 25 | 4 | 4 | 20 | 440 | 2 | 0 | 2 | 2 |
| Sweet-Chili Lime Vinaigrette (2 fl oz) | 130 | 100 | 11 | 1.5 | 0 | 0 | 20 | 13 | 3 | 3 | 1 |
| Thousand Island (2 fl oz) | 220 | 140 | 16 | 2 | 0 | 10 | 480 | 18 | 0 | 12 | 0 |
| SANDWICHES (w/o fries) | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| BBQ Pulled Pork | 960 | 430 | 47 | 14 | 0 | 120 | 2850 | 90 | 2 | 23 | 44 |
| Big Ol' Buffalo Chicken | 1370 | 640 | 71 | 13 | 0 | 105 | 5310 | 144 | 6 | 15 | 38 |
| California Chicken Club | 970 | 660 | 74 | 15 | 0 | 120 | 1740 | 47 | 7 | 8 | 34 |
| Chicken Salad Sandwich | 770 | 370 | 41 | 7 | 0 | 80 | 2070 | 76 | 11 | 15 | 31 |
| Miami-Style Cubano | 840 | 400 | 45 | 13 | 0 | 150 | 3020 | 54 | 3 | 60 | 50 |
| Philly Steak | 940 | 390 | 43 | 17 | 0 | 130 | 1410 | 84 | 5 | 11 | 53 |
| Reuben Grill | 1060 | 520 | 58 | 22 | 0 | 200 | 3470 | 84 | 11 | 14 | 50 |
| Stacked-To-The Max Club | 1000 | 480 | 53 | 19 | 0 | 135 | 2720 | 85 | 11 | 20 | 51 |
| Tomato, Mozzarella & Chicken (TMC) | 920 | 480 | 53 | 12 | 0 | 100 | 2440 | 79 | 10 | 18 | 44 |
| Turkey Rachel | 950 | 380 | 43 | 15 | 0 | 125 | 2800 | 93 | 10 | 21 | 50 |
| BURGERS (w/o fries) | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Bodacious Bacon | 1230 | 750 | 83 | 9 | 3.5 | 215 | 1480 | 59 | 1 | 17 | 58 |
| Chipotle Black Bean | 470 | 180 | 20 | 2 | 0 | 0 | 1140 | 56 | 9 | 16 | 22 |
| Cola BBQ Bacon | 1490 | 940 | 104 | 16 | 3.5 | 230 | 1930 | 79 | 1 | 19 | 59 |
| Garbage | 1680 | 1130 | 126 | 30 | 3.5 | 305 | 2090 | 61 | 4 | 16 | 74 |
| Irish Boss | 1410 | 870 | 96 | 10 | 3.5 | 255 | 2490 | 67 | 2 | 19 | 63 |
| Sauteed Mushroom & Swiss | 1200 | 760 | 85 | 14 | 3.5 | 230 | 1030 | 53 | 2 | 10 | 55 |
| Tortilla | 1270 | 760 | 84 | 11 | 3.5 | 225 | 2220 | 62 | 2 | 20 | 62 |
| Turkey Avocado Swiss | 830 | 490 | 55 | 17 | 0.6 | 225 | 1010 | 35 | 5 | 7 | 50 |
| Build Your Best Burger | 970 | 580 | 64 | 1 | 3.5 | 170 | 810 | 49 | 1 | 8 | 46 |
| Build Your Best Burger, add-on, American | 70 | 50 | 6 | 4 | 0 | 15 | 330 | 0 | 0 | 0 | 4 |
| Build Your Best Burger, add-on, Bacon | 190 | 170 | 19 | 6 | 0 | 30 | 340 | 0 | 0 | 0 | 5 |
| Build Your Best Burger, add-on, Bacon Marmalade | 280 | 140 | 15 | 6 | 0 | 30 | 710 | 24 | 0 | 21 | 12 |

| | | | | | | | | | | | |
|--|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Build Your Best Burger, add-on, BBQ Sauce | 40 | 0 | 0 | 0 | 0 | 0 | 470 | 8 | 0 | 5 | 0 |
| Build Your Best Burger, add-on, Cheddar | 80 | 65 | 7 | 4 | 0 | 25 | 140 | 0 | 0 | 0 | 5 |
| Build Your Best Burger, add-on, Cherry Cola Onions | 20 | 10 | 1 | 0.1 | 0 | 0 | 0 | 2 | 0 | 2 | 0 |
| Build Your Best Burger, add-on, Chipotle Crema | 120 | 100 | 11 | 2 | 0 | 10 | 230 | 3 | 0 | 1 | 1 |
| Build Your Best Burger, add-on, Creamy Queso | 130 | 100 | 11 | 4 | 0 | 20 | 440 | 2 | 1 | 0 | 5 |
| Build Your Best Burger, add-on, Crispy Mozzarella Patty | 280 | 100 | 12 | 2.5 | 0 | 45 | 690 | 26 | 1 | 1 | 14 |
| Build Your Best Burger, add-on, Fried Egg | 90 | 60 | 7 | 2 | 0 | 240 | 80 | 0 | 0 | 0 | 7 |
| Build Your Best Burger, add-on, Guacamole | 30 | 20 | 2.5 | 0.3 | 0 | 0 | 30 | 2 | 1 | 0 | 1 |
| Build Your Best Burger, add-on, Marinara | 30 | 10 | 1 | 0 | 0 | 0 | 270 | 0 | 0 | 6 | 1 |
| Build Your Best Burger, add-on, Mozzarella | 40 | 30 | 3 | 2 | 0 | 10 | 90 | 0 | 0 | 0 | 3 |
| Build Your Best Burger, add-on, Onion Rings | 160 | 70 | 8 | 1 | 0 | 0 | 480 | 20 | 1 | 5 | 1 |
| Build Your Best Burger, add-on, Pepper Jack Cheese | 80 | 60 | 6 | 4 | 0 | 20 | 110 | 0 | 0 | 0 | 5 |
| Build Your Best Burger, add-on, Provolone | 80 | 50 | 6 | 3.5 | 0 | 15 | 190 | 0 | 0 | 0 | 5 |
| Build Your Best Burger, add-on, Sautéed Mushrooms | 140 | 130 | 14 | 9 | 0 | 40 | 110 | 3 | 1 | 1 | 3 |
| Build Your Best Burger, add-on, Sautéed Onions | 20 | 15 | 2 | 0.2 | 0 | 0 | 2 | 2 | 0 | 1 | 0 |
| Build Your Best Burger, add-on, Sautéed Peppers | 20 | 15 | 1.5 | 1 | 0 | 5 | 100 | 0 | 1 | 1 | 0 |
| Build Your Best Burger, add-on, Sliced Jalapeños | 10 | 0 | 0 | 0 | 0 | 0 | 540 | 1 | 1 | 1 | 1 |
| Build Your Best Burger, add-on, Smoked Gouda | 80 | 60 | 6 | 4 | 0 | 20 | 110 | 0 | 0 | 0 | 5 |
| Build Your Best Burger, add-on, Spicy Ketchup | 30 | 1 | 0.1 | 0 | 0 | 0 | 330 | 8 | 0 | 7 | 1 |
| Build Your Best Burger, add-on, Swiss | 80 | 50 | 6 | 4 | 0 | 20 | 40 | 1 | 0 | 0 | 6 |
| CHOICE PLATES | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Beef Stroganoff Supreme | 1430 | 870 | 97 | 26 | 0 | 290 | 5030 | 65 | 3 | 5 | 84 |
| Boatload of Shrimp (w/ fries & coleslaw) | 1200 | 590 | 66 | 11 | 0.1 | 255 | 4230 | 123 | 5 | 13 | 29 |
| Bourbon BBQ Chicken (no sides) | 1130 | 660 | 73 | 20 | 0.1 | 165 | 3100 | 61 | 7 | 17 | 48 |
| Cajun Alfredo Pasta (w/ breadstick) | 1140 | 540 | 60 | 25 | 0.5 | 95 | 1340 | 113 | 8 | 16 | 31 |
| add chicken | 350 | 210 | 23 | 5 | 0 | 75 | 830 | 15 | 3 | 2 | 22 |
| add shrimp | 180 | 30 | 3 | 0.5 | 0 | 250 | 240 | 2 | 0 | 0 | 34 |
| Hand-Breaded Chicken Tenders (w/ fries & coleslaw) | 1330 | 500 | 55 | 9 | 0 | 135 | 3570 | 142 | 7 | 15 | 60 |
| Herb-Grilled Salmon (no sides) | 310 | 120 | 14 | 1.7 | 0 | 95 | 340 | 12 | 2 | 8 | 35 |
| Laredo Steak (w/ side garden salad & breadstick, w/o dressing) | 1340 | 630 | 70 | 31 | 0 | 170 | 1260 | 121 | 12 | 9 | 62 |
| New England Fish & Chips (w/ fries & coleslaw) | 1570 | 770 | 85 | 13 | 0 | 130 | 4320 | 145 | 8 | 18 | 47 |
| Southwest Chicken Bowl | 1360 | 520 | 58 | 21 | 0 | 125 | 2360 | 160 | 15 | 7 | 53 |

| | | | | | | | | | | | |
|---|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Southwest Shrimp Bowl | 1150 | 300 | 33 | 16 | 0 | 300 | 1770 | 146 | 12 | 6 | 65 |
| Southwest Steak Bowl | 1340 | 490 | 55 | 25 | 0 | 135 | 1620 | 145 | 12 | 6 | 65 |
| SIDE DISHES & MISC | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Applesauce | 170 | 5 | 0.5 | 0 | 0 | 0 | 10 | 45 | 3 | 37 | 0 |
| Cheesy Bacon Fries | 1190 | 800 | 89 | 34 | 0 | 130 | 2200 | 63 | 5 | 1 | 38 |
| Corn Medley | 100 | 60 | 7 | 0.1 | 0 | 15 | 4 | 23 | 2 | 3 | 3 |
| Creamy Coleslaw | 160 | 110 | 12 | 2 | 0 | 10 | 270 | 14 | 2 | 10 | 1 |
| Fire-Roasted Corn Medley | 150 | 60 | 7 | 4 | 0 | 15 | 0 | 24 | 3 | 4 | 3 |
| Fresh Fruit Salad | 100 | 0 | 0 | 0 | 0 | 0 | 20 | 27 | 2 | 26 | 0 |
| Garlic Breadstick | 160 | 50 | 6 | 1.5 | 0 | 0 | 290 | 23 | 1 | 1 | 4 |
| Garlic Goat Cheese Mashed Potatoes | 320 | 140 | 15 | 2 | 0 | 15 | 770 | 38 | 3 | 2 | 1 |
| Onion Rings Side | 340 | 300 | 33 | 13 | 0 | 30 | 1870 | 81 | 0 | 17 | 7 |
| Oven-Baked Potato (plain) | 220 | 2 | 0.2 | 0 | 0 | 0 | 10 | 51 | 4 | 2 | 6 |
| Pickle Fries Side | 160 | 40 | 5 | 0 | 0 | 0 | 1060 | 25 | 2 | 3 | 3 |
| Red-Skinned Mashed Potatoes | 270 | 130 | 14 | 9 | 0 | 40 | 840 | 32 | 3 | 2 | 5 |
| Rice Pilaf | 170 | 60 | 6 | 4 | 0 | 15 | 50 | 24 | 0 | 0 | 2 |
| Seasoned Fries | 360 | 150 | 17 | 3 | 0 | 0 | 1000 | 49 | 4 | 0 | 4 |
| Steamed Broccoli | 30 | 5 | 0.5 | 0 | 0 | 0 | 30 | 6 | 2 | 1 | 2 |
| Tater Tots | 320 | 170 | 19 | 3 | 0 | 0 | 1040 | 33 | 3 | 2 | 3 |
| DESSERTS | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Banana Cream Pie | 790 | 330 | 37 | 15 | 0 | 130 | 1220 | 107 | 2 | 76 | 10 |
| Chocolate Cake a la Mode | 1600 | 730 | 82 | 27 | 0 | 255 | 600 | 206 | 11 | 151 | 24 |
| Cookie - Chocolate Chip | 270 | 100 | 12 | 1 | 0.3 | 20 | 160 | 38 | 2 | 22 | 3 |
| Cookie - White Chocolate Macadamia Nut | 290 | 160 | 17 | 9 | 0.4 | 35 | 140 | 32 | 1 | 21 | 3 |
| Cookies - Chocolate Chip (1/2 Dozen) | 1610 | 640 | 71 | 6 | 2 | 185 | 980 | 229 | 9 | 130 | 18 |
| Cookies - White Chocolate Macadamia Nut (1/2 Dozen) | 1750 | 940 | 104 | 54 | 2 | 220 | 840 | 194 | 6 | 123 | 19 |
| Funnel Fries (w/ strawberry sauce) | 490 | 50 | 5 | 0 | 0 | 0 | 380 | 86 | 0 | 50 | 4 |
| New York Cheesecake - Strawberry | 950 | 530 | 59 | 34 | 0 | 275 | 1030 | 24 | 2 | 78 | 14 |
| New York Cheesecake - Turtle | 1010 | 620 | 69 | 35 | 0 | 275 | 1120 | 18 | 3 | 69 | 16 |

| | | | | | | | | | | | |
|---|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Sundae - Ice Cream Only | 440 | 200 | 22 | 0 | 0 | 95 | 140 | 53 | 0 | 41 | 9 |
| Sundae- Topping - Caramel | 30 | 5 | 0.6 | 0.2 | 0 | 0 | 20 | 5 | 0 | 5 | 0 |
| Sundae - Topping - Chocolate Chip Cookie Crumbles | 70 | 27 | 3 | 0.2 | 0.1 | 10 | 40 | 10 | 0 | 5 | 1 |
| Sundae - Topping - Fudge | 90 | 20 | 2 | 1 | 0 | 2 | 90 | 16 | 1 | 8 | 1 |
| Sundae - Topping - Granola | 30 | 5 | 0.5 | 0 | 0 | 0 | 30 | 6 | 0 | 2 | 1 |
| Sundae - Topping - Jelly Beans | 30 | 0 | 0 | 0 | 0 | 0 | 2 | 7 | 0 | 6 | 0 |
| Sundae - Topping - M&Ms | 40 | 15 | 2 | 1 | 0 | 0 | 10 | 5 | 0 | 4 | 0 |
| Sundae - Topping - Maraschino Cherry | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 2 | 0 |
| Sundae - Topping - Oreo Crumbles | 30 | 15 | 1.5 | 0.5 | 0 | 0 | 40 | 5 | 0 | 3 | 0 |
| Sundae - Topping - Rainbow Sprinkles | 30 | 15 | 2 | 0 | 0 | 0 | 0 | 5 | 0 | 3 | 0 |
| Sundae - Topping - Strawberry | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 3 | 0 |
| Sundae - Topping - Whipped Cream | 20 | 15 | 1.5 | 1 | 0 | 5 | 10 | 1 | 0 | 1 | 0 |
| KIDS | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Cheese Pizza (no side) | 690 | 220 | 25 | 11 | 0 | 55 | 1390 | 85 | 4 | 10 | 31 |
| Cheeseburger Sliders (no side) | 570 | 350 | 39 | 6.5 | 2 | 1110 | 1280 | 28 | 1 | 4 | 28 |
| Chicken Tenders (no side, no dipping sauce) | 470 | 160 | 17 | 2.8 | 0.2 | 80 | 1120 | 38 | 1 | 2 | 35 |
| Grilled Cheese (no side) | 340 | 190 | 31 | 13 | 0 | 50 | 1150 | 26 | 1 | 2 | 13 |
| Grilled Chicken Breast (no side) | 380 | 210 | 23 | 4.5 | 0 | 75 | 1300 | 23 | 3 | 7 | 22 |
| Mac & Cheese (no side) | 270 | 110 | 12 | 6 | 0.4 | 30 | 840 | 29 | 2 | 4 | 10 |
| Mini Corn Dogs (no side) | 430 | 240 | 27 | 6 | 0.2 | 50 | 630 | 36 | 0 | 0 | 11 |
| Pasta w/ alfredo (no side, w/ breadstick) | 480 | 207 | 23 | 11 | 0.3 | 45 | 500 | 52 | 2 | 5 | 14 |
| Pasta w/ butter (no side, w/ breadstick) | 350 | 130 | 14 | 7 | 0 | 30 | 160 | 47 | 2 | 2 | 9 |
| Pasta w/ marinara (no side, w/ breadstick) | 300 | 35 | 4 | 0.2 | 0 | 0 | 490 | 47 | 3 | 11 | 10 |
| Side - Applesauce | 170 | 4 | 0.4 | 0.1 | 0 | 0 | 10 | 45 | 3 | 37 | 0 |
| Side - French Fries | 340 | 140 | 15 | 3 | 0 | 0 | 660 | 49 | 4 | 0 | 4 |
| Side - Fresh Fruit | 100 | 0 | 0 | 0 | 0 | 0 | 20 | 27 | 2 | 26 | 0 |
| Side - Mashed Potatoes | 260 | 100 | 11 | 0 | 0 | 0 | 650 | 36 | 3 | 2 | 5 |
| Side - Steamed Broccoli | 30 | 3 | 0.3 | 0 | 0 | 0 | 30 | 6 | 2 | 1 | 2 |
| Side - Tater Tots | 320 | 172 | 19 | 3.3 | 0 | 0 | 1036 | 33 | 3 | 2 | 3 |
| Beverage - Apple Juice (12 fl oz) | 160 | 0 | 0 | 0 | 0 | 0 | 10 | 39 | 1 | 35 | 0 |
| Beverage - Chocolate Milk (12 fl oz) | 220 | 65 | 7 | 4.5 | 0 | 30 | 160 | 26 | 0 | 25 | 12 |
| Beverage - Cranberry Juice (12 fl oz) | 190 | 4 | 0.4 | 0 | 0 | 0 | 10 | 48 | 0 | 42 | 0 |

| | | | | | | | | | | | |
|---|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|
| Beverage - Grape Juice (12 fl oz) | 180 | 0 | 0 | 0 | 0 | 0 | 11 | 43 | 0 | 43 | 1 |
| Beverage - Milk (12 fl oz) | 180 | 60 | 7 | 4.5 | 0 | 30 | 150 | 17 | 0 | 18 | 12 |
| Beverage - Minute Maid Lemonade (12 fl oz) | 170 | 0 | 0 | 0 | 0 | 0 | 20 | 45 | 0 | 42 | 0 |
| Beverage - Orange Juice (12 fl oz) | 160 | 10 | 1 | 0.1 | 0 | 0 | 4 | 36 | 1 | 0 | 3 |
| Specialty Sipper - Adam's Apple (12 fl oz) | 310 | 0 | 0 | 0 | 0 | 0 | 30 | 77 | 0 | 57 | 0 |
| Specialty Sipper - Beetlejuice (12 fl oz) | 250 | 0 | 0 | 0 | 0 | 0 | 30 | 60 | 0 | 40 | 2 |
| Specialty Sipper - Chocolate Milk Shake (12 fl oz) | 820 | 370 | 41 | 9 | 0 | 160 | 270 | 100 | 1 | 74 | 15 |
| Specialty Sipper - Oreo Milk Shake (12 fl oz) | 1100 | 530 | 59 | 13 | 0 | 160 | 690 | 131 | 3 | 83 | 16 |
| Specialty Sipper - Strawberry Milk Shake (12 fl oz) | 790 | 370 | 41 | 9 | 0 | 160 | 260 | 95 | 0 | 74 | 14 |
| Specialty Sipper - Vanilla Milk Shake (12 fl oz) | 690 | 370 | 41 | 9 | 0 | 160 | 240 | 71 | 0 | 52 | 14 |
| Specialty Sipper - Volcano Blaster (12 fl oz) | 340 | 110 | 12 | 0 | 0 | 50 | 120 | 69 | 0 | 62 | 5 |
| Sundae Bar - Ice Cream Only | 350 | 160 | 18 | 0 | 0 | 75 | 110 | 43 | 0 | 33 | 8 |
| Sundae Bar - Topping - Caramel | 30 | 5 | 0 | 0 | 0.1 | 0 | 10 | 5 | 0 | 4 | 0 |
| Sundae Bar - Topping - Chocolate Chip Cookie Crumbles | 70 | 27 | 2 | 0.5 | 0 | 0 | 40 | 5 | 0 | 2 | 1 |
| Sundae Bar - Topping - Fudge | 90 | 20 | 0.5 | 0 | 0 | 0 | 20 | 4 | 0 | 2 | 0 |
| Sundae Bar - Topping - Granola | 30 | 5 | 0.5 | 0 | 0 | 0 | 30 | 6 | 0 | 2 | 1 |
| Sundae Bar - Topping - Jelly Beans | 30 | 0 | 0 | 0 | 0 | 0 | 2 | 7 | 0 | 6 | 0 |
| Sundae Bar - Topping - M&Ms | 35 | 15 | 2 | 1 | 0 | 0 | 10 | 5 | 0 | 4 | 0 |
| Sundae Bar - Topping - Maraschino Cherry | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 2 | 0 |
| Sundae Bar - Topping - Oreo Crumbles | 35 | 15 | 1.5 | 0.5 | 0 | 0 | 40 | 5 | 0 | 3 | 0 |
| Sundae Bar - Topping - Rainbow Sprinkles | 30 | 15 | 2 | 0 | 0 | 0 | 0 | 5 | 0 | 3 | 0 |
| Sundae Bar - Topping - Strawberry | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 3 | 0 |
| Sundae Bar - Topping - Whipped Cream | 20 | 15 | 1.5 | 1 | 0 | 5 | 10 | 1 | 0 | 1 | 0 |
| SPECIALTY COCKTAILS | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Big Bad Erma | 230 | 0 | 0 | 0 | 0 | 0 | 10 | 31 | 310 | 28 | 0 |
| Blackberry Sangria | 330 | 0 | 0 | 0 | 0 | 0 | 10 | 56 | 1 | 49 | 0 |
| Blood Orange Whiskey Sour | 230 | 0 | 0 | 0 | 0 | 0 | 3 | 33 | 0 | 31 | 0 |
| Blood Orange Rita | 250 | 1 | 0.1 | 0 | 0 | 0 | 60 | 37 | 0 | 34 | 0 |
| Fireball Mule | 180 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 25 | 0 |
| Max's Margarita | 240 | 0 | 0 | 0 | 0 | 0 | 230 | 17 | 1 | 10 | 0 |
| Max's Moscow Mule | 210 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 1 | 25 | 0 |
| Max's Spicy Bloody | 180 | 30 | 3.5 | 0.5 | 0 | 0 | 1640 | 9 | 1 | 6 | 0 |

| | | | | | | | | | | | | |
|------------------------------------|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|---|
| Mint Mojito | 140 | 1 | 0.1 | 0 | 0 | 0 | 0 | 1 | 13 | 1 | 9 | 0 |
| Mom's Time Out | 220 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 22 | 0 | 20 | 0 |
| Red Sangria | 180 | 0 | 0 | 2 | 0 | 0 | 0 | 10 | 21 | 1 | 13 | 1 |
| Skinny Rita | 130 | 1 | 0.1 | 0 | 0 | 0 | 0 | 2 | 8 | 0 | 1 | 0 |
| Spiked Sweet Tea | 160 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 20 | 0 |
| Top Shelf Long Island Iced Tea | 230 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 0 | 22 | 0 |
| White Peach Sangria | 370 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 66 | 1 | 59 | 1 |
| BEER | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | |
| Blue Moon Draft (16 oz) | 220 | 0 | 0 | 0 | 0 | 0 | 20 | 19 | 0 | 14 | 3 | |
| Blue Moon Draft (23 oz) | 310 | 0 | 0 | 0 | 0 | 0 | 30 | 26 | 0 | 20 | 3 | |
| Bud Light Bottle | 110 | 0 | 0 | 0 | 0 | 0 | 10 | 6.6 | 0 | 0 | 0.9 | |
| Budweiser Bottle | 150 | 0 | 0 | 0 | 0 | 0 | 10 | 11 | 0 | 0 | 1.3 | |
| Coors Light Bottle | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 5 | 0 | 0 | 0.7 | |
| Michelob Ultra Bottle | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 2.6 | 0 | 0 | 0.6 | |
| Miller Lite Bottle | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 3.2 | 0 | 0 | 0.5 | |
| Angry Orchard Cider (16 oz) | 280 | 0 | 0 | 0 | 0 | 0 | 10 | 40 | 0 | 32 | 0 | |
| Angry Orchard Cider (23 oz) | 400 | 0 | 0 | 0 | 0 | 0 | 20 | 57 | 0 | 46 | 0 | |
| Coors Light Draft (16 oz) | 140 | 0 | 0 | 0 | 0 | 0 | 19 | 8 | 0 | 0.4 | 1 | |
| Coors Light Draft (23 oz) | 200 | 0 | 0 | 0 | 0 | 0 | 27 | 11 | 0 | 0.6 | 1.6 | |
| Founders All Day IPA Draft (16 oz) | 270 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 0 | |
| Founders All Day IPA Draft (23 oz) | 390 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | |
| Sam Adams Lager Draft (16 oz) | 210 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 0 | 0 | 1 | |
| Sam Adams Lager Draft (23 oz) | 310 | 0 | 0 | 0 | 0 | 0 | 0 | 75 | 0 | 0 | 2 | |
| WINE | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | |
| House Cabernet Sauvignon (6 oz) | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | |
| House Chardonnay (6 oz) | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | |
| House Merlot (6 oz) | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 1 | 0 | |
| House White Zinfandel (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | |
| Firestone Vineyard Riesling (6 oz) | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |

| | | | | | | | | | | | | |
|---------------------------------------|------------------------|--------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------|--------------------------|-------------------|--------------------|---|
| Guenoc Chardonnay (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Guenoc Pinot Grigio (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Kendall Jackson Chardonnay (6 oz) | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 4 | 0 | 2 | 0 |
| Lost Angel Cabernet Sauvignon (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lost Angel Pinot Noir (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Sebastiani Cabernet Sauvignon (6 oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Sebastiani Chardonnay (6 oz) | 160 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Three Rivers Red Blend (6 oz) | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Woodbridge Pinot Noir (6 oz) | 150 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 0 | 0 |
| NA BEVERAGES | Calories (kcal) | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | |
| Arnold Palmer (12 fl oz) | 90 | 0 | 0 | 0 | 0 | 0 | 20 | 23 | 0 | 21 | 0 | |
| Cherry Coke (12 fl oz) | 150 | 0 | 0 | 0 | 0 | 0 | 40 | 42 | 0 | 42 | 0 | |
| Coca-Cola (12 fl oz) | 140 | 0 | 0 | 0 | 0 | 0 | 50 | 39 | 0 | 39 | 0 | |
| Coke Zero (12 fl oz) | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | |
| Diet Coke (12 fl oz) | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | |
| Sprite (12 fl oz) | 140 | 0 | 0 | 0 | 0 | 0 | 70 | 38 | 0 | 38 | 0 | |
| Fresh-Brewed Iced Tea (12 fl oz) | 5 | 0 | 0 | 0 | 0 | 0 | 10 | 1 | 0 | 0 | 0 | |
| Minute Maid Lemonade (12 fl oz) | 170 | 0 | 0 | 0 | 0 | 0 | 20 | 45 | 0 | 43 | 0 | |
| Fuze Raspberry Iced Tea (12 fl oz) | 80 | 0 | 0 | 0 | 0 | 0 | 120 | 22 | 0 | 21 | 0 | |
| Coffee (6 fl oz) | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0.3 | |
| Hot Chocolate, Prepared (6 fl oz) | 90 | 20 | 2 | 2 | 0 | 0 | 150 | 16 | 0 | 8 | 1 | |
| Honeysuckle | 170 | 2 | 0.2 | 0 | 0 | 0 | 2 | 44 | 0 | 39 | 0 | |
| Hot Tea (8 fl oz) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Ice Cold Glass of Milk (12 fl oz) | 180 | 60 | 7 | 4.5 | 0 | 30 | 150 | 17 | 0 | 18 | 12 | |
| Frozen Lemonade (16 fl oz) | 170 | 0 | 0 | 0 | 0 | 0 | 30 | 44 | 0 | 41 | 0 | |
| Frozen Strawberry Lemonade (16 fl oz) | 200 | 0 | 0 | 0 | 0 | 0 | 20 | 50 | 0 | 48 | 0 | |
| Iced Tea - Peach (16 fl oz) | 80 | 0 | 0 | 0 | 0 | 0 | 10 | 19 | 0 | 18 | 0 | |
| Lemonade, Strawberry (12 fl oz) | 250 | 0 | 0 | 0 | 0 | 0 | 20 | 66 | 0 | 63 | 0 | |
| Lemonade, Wildberry (12 fl oz) | 250 | 0 | 0 | 0 | 0 | 0 | 20 | 63 | 0 | 63 | 0 | |